

Abstract of the disclosure

A spring hinge for spectacles is described, comprising a hinge part (3) which is held in a displaceable manner in the longitudinal direction of the temple in a housing (4) on the temple side, a fixture (6) which projects from the hinge part (3) in the direction of displacement, engages in an opening (5) in the housing and comprises a fixture rod (7) and a transversal bar (8) at the end of the fixture rod (7), and two helical springs (10) which are provided laterally adjacent to the fixture rod (7), are parallel thereto and rest with their end at the hinge side on an abutment associated with the housing and with their opposite end on the transversal bar (8) of the fixture (6). In order to enable the insertion of the hinge part (3) and the helical springs (10) after the fastening of the housing (4) to the temple it is proposed that the two helical springs (10) are inserted into a housing bore (9) each which is open towards the housing opening (5) for the fixture rod (7), and that the housing bores (9) each receive a locking element (11) forming the abutment for the helical spring.

(Fig. 1)